

SECTION .0500 - WORKSITE WELLNESS

25 NCAC 01N .0501 POLICY

In partnership with the State Health Plan and the Office of State Human Resources, each agency shall create and participate in a Worksite Wellness program. The Worksite Wellness initiatives shall address the primary components of a healthy lifestyle including healthy eating, physical activity, tobacco cessation and stress management.

*History Note: Authority G.S. 126-4;
Eff. February 1, 2008;
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. October 4, 2016.*